



9 April 2025

Namaste Clyde Quay Whānau,

One term of 2025 almost finished! It is hard to believe that 10 weeks have been and gone. I would like to pass on a huge thank you to all parents from myself and the staff. It has been a busy term of change, - we've had the playground upgrade, new teachers and children and implementing a new Curriculum and programmes. Thanks for the support and helping your children to be resilient and understanding of the changes.

I hope that everyone has a safe and happy break!

Ngā mihi,

Cameron Ross

Principal

principal@clydequay.school.nz



Bake Sale

Thank you to all the parents who were able to drop in some baking for our bake sale this afternoon! We had a great response with lots of yummy treats!



I had the pleasure of watching our school values (Nga Uara) in action on Tuesday lunchtime whilst on duty. The Year 5/6s on the bottom block had broken themselves into two groups. One group was immersed in a group of volleyball, innovating by using the soccer goal as their 'net'. It was fantastic to see them negotiating the rules and any disputes that arose - it was girls against boys - so an intense contest!

The other group of boys spent 25 solid minutes persevering to make a human pyramid. The problem solving and sharing of ideas on how to reach their goal was a joy to see. They tried different combinations of students on the bottom, middle and top levels and tried different locations to find ways to brace themselves. They hit the jack-pot one minute before the bell went, by having the bottom layer of students bracing their feet against the tree hut deck.

Their delight at success was joyful. Way to go Clyde Quay kids, you really are creative problem solvers with amazing communication skills and respect for each other!

Xandra Boswell



Writing from Pōhutukawa 1



- I saw a crane and it was making the roof of the hall. *Avisha*
- I saw a crane. The crane it is so big. I like to drive the crane. *Achyutam*
- I saw a crane and it was lifting some pieces of corrugated iron to the builders hands. *Ollie*
- I saw a red crane lifting up the roof. *Selina*
- I saw the crane. It was so big and the crane lifted a part of the roof of the hall. *Scarlett*

Pōhutukawa kids made these Easter bunnies with their buddies from Ngaio.



Ngaio

Explanation of School Values and report writing

Maramatanga

Planet Earth is a great place, but there are ones who mess around when they aren't supposed to. This results in the lack of the value Maramatanga. Maramatanga is a value that you show by paying close attention to significant things and doing what you are supposed to do. The main part of this value is to pay attention when someone is explaining something to you, whether it's a friend or a scientist. To do this, you will need to tune in and look at the speaker to get more precise information. This will help you get properly educated by a qualified person more efficiently.

Another action you have to do to show Maramatanga and produce its vibes is to not muck around, be focused and on task. I understand that this may be challenging at first as you might spot more entertaining things to do. But if you make an interesting activity out of your task, you will most likely be able to concentrate on your work for a longer period of time. If you are working or studying for a decent period of time, I suggest quick brain breaks like burning some energy or taking a drink of water.

One of the other actions you need to do to show Maramatanga is: you need to work hard and smart. To do this section of Maramatanga, you will require finding various creative ways of completing your given work, but those new creative ways have to be efficient. The reason for this is: if you waste a lot of time finding a new way of solving a problem and that way is not as efficient as an already known way you just lose precious time.

Finally, to show the value of Maramatanga you will have to do the work you are given. The reason for this is if it is supplied to you by an expert, you will have the chance to level up a certain skill. If it is given to you by someone else, it will most likely benefit an organization or another person. Either way, it will benefit something or someone. Also the work you are given will stretch and grow your brain if the work is challenging.

In conclusion, Maramatanga is an essential and amazing value for school as well as everyday life. This value is vital for education, any time of your life and social connections. The lack of Maramatanga will lead the world to an uneducated and an unrespectful place. If Maramatanga didn't exist, people won't listen or pay attention to you properly and won't work hard and smart. They will also strongly struggle to be tuned in and on task. Humans will also not do the work they are given which will result in projects stretching for longer than needed. In other words, the world won't collaborate and work properly if no one shows Maramatanga. There would be no peaceful and friendly interactions on earth without this essential value. With constant production of Maramatanga in Ngaio, a class will be a strong, developed and educated class valuing active learning and listening carefully to others who need to say something.

Misha

Why Maramatanga Can Help With Everyday Life

Without maramatanga things in this universe just wouldn't be correct! Without maramatanga, students at schools everywhere wouldn't be able to produce any better work, and people who work at companies would never do the best they are able to! If we didn't have maramatanga nothing in this world would be the best it could be, also the world wouldn't be as far advanced as we currently are. But what could maramatanga possibly be? It will be a new word for most people, so I'll tell you what it means! Maramatanga is the te reo māori word for being curious, creative and last but certainly not least being motivated and engaged. So in the next paragraphs I'll tell you a bit about it.

Now let's talk about the bit that's about being curious in your learning and showing an interest in it too. One way you can show your curiosity and interest is by asking questions. When asking questions and receiving answers you can learn something from their answer. But you can not always expect a guaranteed answer, the reason for this is because no one has every answer in the world. Also if you're not asking any questions or showing an interest, you won't learn some of these things until later life or you might never learn them! If you don't show an interest and ask questions you might not know what to do next, for example if you're a student and don't listen to the teacher and you miss an instruction then don't ask your friend or someone else what the teacher said you'll be utterly clueless! So asking questions and being curious is very important.

One other very important thing is being motivated and engaged. My first reason is that people should be motivated and engaged all the time, because when you're being motivated and engaged you're also being focused. When you're focused you can pay attention, if you pay attention you'll know what to do next. So when you're being focused you can keep your mind on topic, not thinking anything about ' Hmm, I wonder what's for lunch? Is there cake?!' Being motivated and engaged is also an important ability because you will be able to produce higher quality work! This is important because it might help you get a job when you're older, or just help you get better at what you do. It will also help when you're helping others. Finally we will be on task all the time that includes not distracting others from their work. It is so important to not distract your friends, so that they can be motivated and engaged themselves. If you do distract them they won't be focused, you won't be focused, both of you won't be focused!

Another very important part of maramatanga is being creative. If we are creative around the clock we can solve problems in different, and new ways. When doing this you should know that not every single creative way will be correct, but it's fun to try some out. Creativity is also very important because everyone won't be doing the same exact thing. If everyone was doing the same thing all the time, no one would be showing maramatanga and no one would be able to find anything better to do, so no one would be improving! Because if everyone did the same thing throughout their lives nothing would be able to change. I particularly feel that this is important, I think this because no one could learn from their mistakes, because there wouldn't be any!

All together I'm saying that people should be curious as much as possible and ask questions to receive answers, be motivated and engaged by focusing and thinking on topic, and be creative so you're different and changing all the time! That's why maramatanga is so super important! In my classroom (Ngaio) if we all show maramatanga every day, the students would be focused, creatively different and not copying others, they would be asking questions of help and if a friend needs some help. Wouldn't that be a great learning environment, I certainly think so!

Evie L

Sport

CQS Swimming results

25m Freestyle

Year 4	Girls	Boys
1st	Clara	Jack/Nicky
2nd	Hazel	
3rd	Maya	Parv
Year 5	Girls	Boys
1st	Erina	Bramwell
2nd	Temi	Pedro
3rd	Charlie W.	
Year 6	Girls	Boys
1st	Margaux	Thurso
2nd	Nu	George
3rd	Malia	Bectar
Year 7	Girls	Boys
1st	Lily	Kaylen
2nd	Willow	Kit
3rd	Tessa	Noah
Year 8	Girls	Boys
1st	Jodie	Kaylen
2nd	Emma	Lukas
3rd	Harriet	

25 m Backstroke

Year 4	Girls	Boys
1st	Hazel	Nicky
2nd	Esme	Jack
3rd	Lorca	Parv
Year 5	Girls	Boys
1st	Erina	Rafferty
2nd	Temi	Pedro
3rd	Kiki	Bramwell
Year 6	Girls	Boys
1st	Margaux	George
2nd	Malia	Thurso
3rd	Mila	Misha
Year 7	Girls	Boys
1st	Tessa/Willow	Kit
2nd		Noah
3rd	Kate	Xavier
Year 8	Girls	Boys
1st	Jodie	Kaylen
2nd	Stella	Luke
3rd	Harriet	Lucas

50 m Freestyle

Year 5	Girls	Boys
1st	Erina	Joshua
2nd	Charley M	Rafferty
3rd	Charlie W	Patrick
Year 6	Girls	Boys
1st	Kaira	Thurso
2nd		George
3rd		Elijah
Year 7	Girls	Boys
1st	Lily	Kit
2nd	Willow	Noah
3rd	Kate	Xavier
Year 8	Girls	Boys
1st	Jodie	Kaylen
2nd	Zoe	Luke
3rd	Harriet	Lucas

25 m Breaststroke

Year 4	Girls	Boys
1st	Esme	Parv/Nicky
2nd	Maya	
3rd		Jack
Year 5	Girls	Boys
1st	Erina	Joshua
2nd	Charlie W.	Rafferty
3rd	Rosa	Patrick
Year 6	Girls	Boys
1st	Margaux	Alan
2nd	Kaira	Bectar
Year 7	Girls	Boys
1st	Lily	Kit
2nd	Tessa	Noah
3rd		Xavier
Year 8	Girls	Boys
1st	Jodie	Kaylen
2nd	Stella	Luke
3rd	Harriet	

During this term a number of students forgot to bring their swimming gear and had to borrow swimming togs and towels from the school. Please return these items back to the school office, washed and dried. Thank you.

25 m Butterfly

Year 4	Girls	Boys
1st		Nicky
Year 5	Girls	Boys
1st	Erina	Joshua
2nd		Patrick
Year 6	Girls	Boys
1st	Kaira	
Year 8	Girls	Boys
1st	Jodie	Kaylen

Congratulations to everyone who took part in the CQS swim sports at Wellington East. It was an enjoyable time for all. Well done to those who qualified for Central Zones, which does not take place until later in the year. Competitors who came in the first 2 places go through to Central Zones. The 3rd place swimmer will be a reserve. **Please note that not all swimmers who came in the top two for butterfly or 50m freestyle automatically go through as there is a qualifying time for each event.**



Thanks also to the amazing and helpful adults who volunteered their time and helped make the event run smoothly and safely.

Sport

Kia ora koutou,

CQS Cross country is coming up in week 2 of term 2! Please see the poster for details.

To make the event successful, we would be grateful for some parent volunteers. Please let us know you are interested ASAP [via this link](#). Thanks for your help!!

Ngā manaaki,
Anya and Joseph
Sport Coordinators



Health NZ (note to families)

High risk of a measles outbreak

This year in Aotearoa New Zealand we have already had cases of measles.

Not enough people here are immunised against it, which means it could just take a single case of measles to start an outbreak.

We need at least 95% of people to be immunised to stop an outbreak. This also protects babies who are too young to be vaccinated, and severely immunocompromised people.

On average, 1 dose is 95% effective against measles, and 2 doses is more than 99% effective against measles.

Measles

Measles is one of the most dangerous and contagious diseases. If you are not vaccinated and come into contact with someone who has it, you are very likely to catch it and pass it on to others.

Measles can cause a rash, flu-like symptoms, or more serious problems like brain swelling, chest infections, or death.

If you are pregnant, measles can make you very sick and can harm your baby.

Cryptosporidium outbreak

Cryptosporidium (also called crypto) is a parasite found in the gut of infected people and animals. It is caused by the cryptosporidium parasite and is passed on in the poo (faeces) of infected humans and animals. People become infected when they swallow the parasites.

How cryptosporidium spreads

Crypto is spread by hands contaminated with poos during toilet use or nappy changing. From hands it can spread to surfaces, toys, food and water. It can also spread by contact with infected animals, or in shared water such as spas, swimming pools and shared baths.

Alcohol based hand sanitiser does not kill the cryptosporidium bug, or stop the spread of the microscopic crypto cysts. But, washing hands with soap and water is effective.

Symptoms of cryptosporidium

It can take 1 to 12 days (usually 7) for symptoms to show. The most common symptom of crypto infection is smelly, watery diarrhoea and stomach cramps. Sometimes people:

- have a lack of appetite
- experience weight loss
- have a fever
- feel sick (nausea) and throw up (vomit).

In most people, the symptoms will stop within a few days to a week. It is important to keep well hydrated. If symptoms last longer than a week, or you are concerned, contact your healthcare provider, or call Healthline on [0800 611 116](tel:0800611116)

School Calendar

Term 1

3 February—11 April 2025

11 April	Last day of Term 1 School finishes at the normal time of 3.00pm
Term 2 <i>School starts back</i> <i>Monday 28 April and</i> <i>ends Friday 27 June 2025</i>	<i>Holidays - Saturday 28th June to Sunday 13th July</i> <i>(King's Birthday Monday 2nd June;</i> <i>Matariki Friday 20th June)</i>
7 May	CQS Cross Country
9 May	CQS Cross Country postponement
20 May	CZ Cross Country
22 May	CZ Cross Country postponement
2 June	King's Birthday Public Holiday



"The Mount Vic Hub will be celebrating their self-appointed 'International Pikelet Day' this Friday, April 11.

Pikelets will be being flipped from 8am until the batter runs out. Cream, jam, golden syrup + Fix & Fogg spreads will be provided.

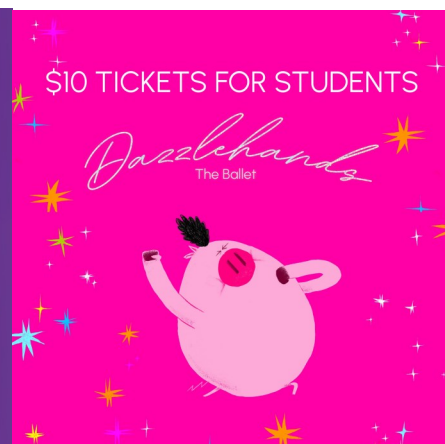
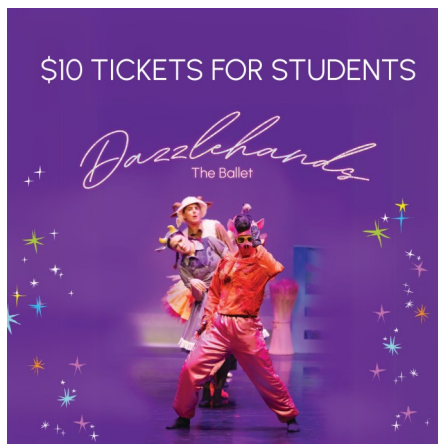
Why? Cause sometimes it's nice to have a warm pikelet."

Community Notices

The **RNZB** is pleased to offer school students and their families \$10 tickets to our upcoming performances of *Dazzlehands: The Ballet*. In Wellington on 12th and 13th April, Kāpiti on 16th and 17th April and Upper Hutt on 23rd April.

Use the code "SCHOOL25" when booking. Get tickets at <https://rnzb.org.nz/show/dazzlehands>.

Ts&Cs apply. Discount cannot be applied to existing bookings.



Capital Basketball

I am excited to inform you about the upcoming **Kiwi-Hoop Holiday Camps**, which will be held at the **Walter Nash Stadium** from **April 14th to April 24th**. This is a fantastic opportunity for students to improve their basketball skills in a fun, engaging environment, and we'd love to have your school involved! We offer four specialized camps designed to cater to different skill levels and interests:

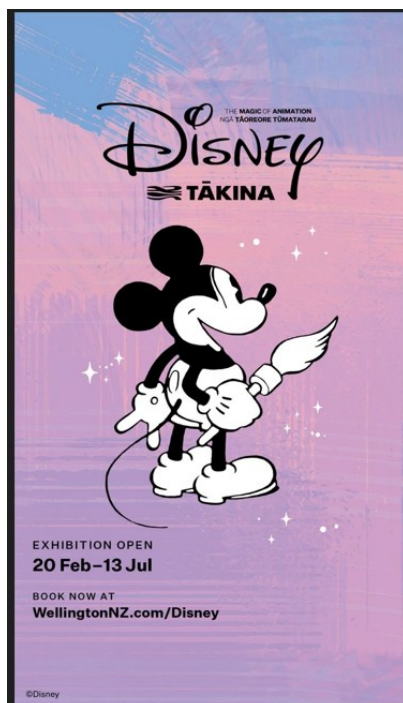
All Star: Years 6-8, 14th and 15th of April.

Swish: Years 3-6, 22nd and 23rd of April.

Bounce: Years 1-3, 24th of April

Girls Got Game: 16 & 17 April, School years 3-8

Website: <https://www.capitalbasketball.org/>



Wonderplay has places in its award-winning drama classes. Join now to take part in our annual show. Classes Thursdays for 5-14 year olds at Island Bay Community Centre and our Advanced Drama class on Wednesdays on Abel Smith St, CBD. First class free to try. Also ask about our teen acting programme. Contact Debs debs@wonderplay.co.nz www.wonderplay.co.nz



Community Notices



FUNSTICKS

LITTLE STICKS, BIG FUN

TERM 2: SCHOOL YEARS 1&2

Location:	Programme Dates:	Time:
Upper Hutt	07 May - 25 June	Wednesdays 4 PM - 4:45 PM
Lower Hutt	03 May - 28 June	Saturdays 8 AM - 8:45 AM
Porirua	03 May - 28 June	Saturdays 9 AM - 9:45 AM
Wellington City	03 May - 28 June	Saturdays 9 AM - 9:45 AM
Karori/Kelburn	06 May - 24 June	Tuesdays 4 PM - 4:45 PM

For more information contact: kelly@wellingtonhockey.org.nz

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2025

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Term 2 Registrations now Available!
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Little Dribblers
Football Club